8:30am
1 Girls U11 Swedish
2 Boys U11 Swedish
3 Girls U9 Discus
4 Boys U9 Discus
5 Girls U10 Shot Put
6 Boys U10 Shot Put
7 Girls U13 High Jump
8 Boys U13 High Jump
9 Girls U15 Long Jump
10 Boys U15 Long Jump

9:10am
11 Girls U12 Swedish
12 Boys U12 Swedish

9:50am
13 Girls U9 4x200m
14 Boys U9 4x200m
15 Girls U16 Discus
16 Boys U16 Discus

10:10am
17 Girls U11 Long Jump
18 Boys U11 Long Jump

10:20am
19 Girls U10 4x200m
20 Boys U10 4x200m
21 Girls U12 High Jump
22 Boys U12 High Jump

10:50am
23 Girls U13 4x100m
24 Boys U13 4x100m

11:10am
25 Girls U15 Discus
26 Boys U15 Discus

11:15am
27 Girls U14 4x100m
28 Boys U14 4x100m

11:25am
29 Girls U16 Shot Put
30 Boys U16 Shot Put

11:40am
31 Girls U17 4x100m
32 Boys U17 4x100m

11:55am
33 Girls U10 Long Jump
34 Boys U10 Long Jump

12:10pm
35 Girls U9 High Jump
36 Boys U9 High Jump

12:30pm
37 Girls U15 4x100m Region Team
38 Boys U15 4x100m Region Team
39 Girls U17 Discus
40 Boys U17 Discus

12:40pm
41 Girls U14 Shot Put
42 Boys U14 Shot Put

12:45pm
43 Girls U16 4x100m
44 Boys U16 4x100m

1:15pm
45 Girls U12 4x100m
46 Boys U12 4x100m

1:40pm
47 Girls U11 4x100m
48 Boys U11 4x100m

1:55pm
49 Girls U13 Discus
50 Boys U13 Discus
51 Girls U17 Shot Put
52 Boys U17 Shot Put

2:00pm
53 Girls U10 High Jump
54 Boys U10 High Jump
55 Girls U12 Long Jump
56 Boys U12 Long Jump

2:05pm
57 Girls U15 4x100m
58 Boys U15 4x100m

3:05pm
59 Girls U17 4x100m Region Team
60 Boys U17 4x100m Region Team

3:25pm
61 Girls U9 4x100m
62 Boys U9 4x100m

3:30pm
63 Girls U11 Discus
64 Boys U11 Discus

3:35pm
65 Girls U14 Long Jump
66 Boys U14 Long Jump

3:40pm
67 Girls U13 Shot Put
68 Boys U13 Shot Put

3:50pm
69 Girls U10 4x100m
70 Boys U10 4x100m
71 Girls U15 High Jump
72 Boys U15 High Jump

4:15pm
73 Girls U17 Swedish
74 Boys U17 Swedish
75 Girls U16 Swedish
76 Boys U16 Swedish

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Events times may be brought forward up to 30 minutes
**Events times may be altered depending on nomination numbers*

4:55pm
77 Girls U9 Shot Put
78 Boys U9 Shot Put

5:05pm
79 Girls U17 Long Jump
80 Boys U17 Long Jump

5:30pm
81 Girls U14 Medley
82 Boys U14 Medley
83 Girls U12 Discus
84 Boys U12 Discus

6:10pm
85 Girls U13 Medley
86 Boys U13 Medley

6:15pm
87 Girls U11 Shot Put
88 Boys U11 Shot Put

6:30pm
89 Girls U14 High Jump
90 Boys U14 High Jump

6:35pm
91 Girls U16 Long Jump
92 Boys U16 Long Jump

6:50pm
93 Girls U15 Swedish
94 Boys U15 Swedish

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Events times may be brought forward up to 30 minutes
**Events times may be altered depending on nomination numbers*