

## **NON SMOKING**

Smoking shall not be permitted in any competition or spectator areas during any Little Athletics competition.

Little Athletics understands the harmful affects of smoking on health, fitness and performance in sport, and as a result has adopted the following Policy.

Premises and competition areas are declared smoke free zones - smoking permitted only where a special smoking area is designated.

Athletes / Participants are reminded that smoking adversely affects performances and are prohibited from smoking at all whilst engaged in Little Athletics activities.

Coaches and Officials are reminded of their responsibilities as role models particularly with juniors and are asked to refrain from smoking whilst coaching or officiating in our sport.

Spectators are reminded smoking is inappropriate behaviour in a sporting environment and are asked to respect our Smoking Policy.

Visiting Athletes, Coaches, Officials and Administrators are also asked to respect our Codes of Conduct and Non Smoking Policy.